

Telehealth Options in Home and Community-Based Services (HCBS) Waivers

Rates Review

November 10, 2020

Presented by: The Office of Community
Living



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Purpose

To provide information, including proposed rates, for Telehealth options in specific Home and Community-Based Services (HCBS)



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Agenda

- Housekeeping
- Telemedicine and SB 20-212
- HCBS Rates Methodology Review
- Rate Review for the following HCBS:
 - Behavioral Services - Counseling, Assessment and Consultation (SLS/DD)
 - Mental Health Counseling (BI)
 - Substance Abuse Counseling (BI)
 - Movement Therapy (CES, CHRP, SLS)
 - Expressive Therapy (CLLI)
 - Therapeutic Life Limiting Illness Support and Bereavement Counseling (CLLI)
 - Palliative and Supportive Care - Care Coordination (CLLI)
 - Wrap Around and Intensive Support Services (CHRP)



Agenda Continued

- Rate Review for the following HCBS, continued:
 - Peer Mentorship (SLS, DD, EBD, CMHS, SCI),
 - Mentorship (SLS)
 - Supported Employment (Job Coaching and Job Development) (SLS, DD),
 - Community Connector (CES, CHRP)
 - Independent Living Skills Training (BI)
 - Life Skills Training (EBD, SCI, CMHS, SLS)
- How to Engage Further

Housekeeping

Google Meets:

- Please mute if you are not speaking
- Use the Chat Box to enter Questions, Comments, or Suggestions
- The team will answer questions and concerns as we are able, but will need to take back some for deliberation. Thank you for your patience!

Post Webinar:

- Send further Questions, Comments, and Suggestions to:
hcpf_HCBSWaivers@state.co.us
- Look for the webinar recording and other posted materials here:
<https://www.colorado.gov/pacific/hcpf/OCL-stakeholder-engagement> under “Telehealth Options Stakeholder Engagement”



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Telemedicine and SB 20-212

- For more information or ways to engage with the Telemedicine implementation process please visit:

<https://www.colorado.gov/pacific/hcpf/stakeholder-telemedicine>



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HCBS Rate Methodology

- Review Colorado Code of Regulations (CCR) related to the service
- Review waiver applications for comparable services in other states
- Research Bureau of Labor Statistics (BLS) positions and wages to base direct and indirect care on
- Review providers delivering service
- Research county property assessor websites to determine average square footage utilized for service delivery



HCBS Rate Methodology, Continued

- Begin Rate Calculation:
 - Enter salary expectations
 - Staffing positions, BLS wage, labor hours, payroll taxes/benefits
 - Facility expense expectations
 - Based on square footage, maintenance, utilities, phone/internet
 - Other rate components (such as Telehealth considerations) related to number of provider expenditures related to service delivery
 - HIPAA-compliant technology, adequate internet for incr. video
 - Annual office upgrades
 - Employee supplies

HCBS Rate Methodology Continued

- Begin Rate Calculation (Continued):
 - Determine if capital equipment is required for service delivery. Include capital expense component if needed
- Reduce facility, administrative, capital costs to 'per employee' cost; multiply by Full Time Equivalent (FTE) required to provide service per Medicaid client

Behavioral Services - Counseling DD, SLS Waivers

- **Definition:** Includes psychotherapeutic or psychoeducational intervention related to the intellectual and developmental disability in order for the individual to acquire or maintain appropriate adaptive behaviors, interactions with others and behavioral self-management, and to positively impact the individual's behavior or functioning.



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Behavioral Services - Counseling DD, SLS Waivers

Current Rate / 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
Individual: \$25.54 Group: \$8.61	Individual: \$25.54 Group: \$8.61

Behavioral Services - Assessment DD, SLS Waivers

- **Definition:** Includes observations, interviews of direct staff, functional behavioral analysis and assessment, evaluations, and completion of a written assessment document.

Behavioral Services - Assessment DD, SLS Waivers

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
\$25.54	\$25.54

Behavioral Services - Consultation DD, SLS Waivers

- **Definition:** Includes consultations and recommendations for behavioral interventions and development of behavioral support plans that are related to the individual's intellectual and developmental disability and are necessary for the individual to acquire or maintain appropriate adaptive behaviors, interactions with others and behavioral self-management. Intervention modalities shall relate to an identified challenging behavioral need of the individual. Specific goals and procedures for the Behavioral Services must be established.



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Behavioral Services - Consultation DD, SLS Waivers

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
\$25.54	\$25.54

Mental Health Counseling BI Waiver

- **Definition:** Mental Health Counseling services are designed to assist the client in managing and overcoming as effectively as possible the difficulties and stresses confronted after brain injury. As a benefit of the HCBS-BI Waiver, Mental Health Counseling expands mental health services offered under the Medicaid State Plan by serving a brain-injury specific population with individuals trained to work with that disability.



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Mental Health Counseling BI Waiver

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
Individual/Family: \$25.49 Group: \$15.04	Individual/Family: \$25.49 Group: \$15.04



Substance Abuse Counseling BI Waiver

- **Definition:** Substance Abuse Counseling is designed to assist the client in reducing or eliminating the use of alcohol and/or drugs which, if not effectively addressed, may interfere with the person's ability to remain integrated in the community. These services are provided under the HCBS-BI Waiver because they are integral to the rehabilitation and maintenance of brain injured persons in a community setting...Substance abuse services are provided in a non-residential setting and shall include assessment, development of an intervention plan, implementation of the plan and ongoing education and training for the client, family and/or caregivers.



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Substance Abuse Counseling BI Waiver

Current Rate/ Hour Unit	Proposed Telehealth Rate/ Hour Unit
Individual/Family: \$60.84 Group: \$34.09	Individual/Family: \$56.15 Group: \$30.32

Movement Therapy

CHRP, CES, and SLS Waivers

- **Definition:** The use of music therapy and/or dance therapy as a therapeutic tool for the habilitation, rehabilitation, and maintenance of behavioral, developmental, physical, social, communication, pain management, cognition and gross motor skills. The use of this service is only available from a provider who is licensed, certified, registered and/or accredited by an appropriate national accreditation association. This service must be used as a treatment strategy for an identified medical and/or behavioral need.



Movement Therapy CHRP, CES, and SLS Waivers

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
Masters: \$23.59 Bachelors: \$16.10	Masters: \$21.93 Bachelors: \$16.10

Expressive Therapy CLLI Waiver

- **Definition:** The provision of creative art, music, or play therapy which gives children the ability to creatively and kinesthetically express their medical situation. Expressive therapy functions as the interface between the mind and the body. These therapies are based on the theory that creative activity improves the capacity of the body to heal. Therapies may include book writing, painting, music therapy, and scrapbook making.



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Expressive Therapy CLLI Waiver

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
Art and Play / Music: \$16.18 Art and Play / Music Group: \$9.05	Art and Play / Music: \$16.18 Art and Play / Music Group: \$9.05



Therapeutic Life Limiting Illness Support and Bereavement Counseling CLLI Waiver

- **Definition:** Therapeutic Life-Limiting Illness Support is grief/loss or anticipatory grief counseling/support provided by a Licensed Clinical Social Worker (LCSW), Licensed Social Worker (LSW) Licensed Professional Counselor (LPC), Licensed Psychologist or non-denominational Chaplain/Spiritual Care counselor with experience working with clients with life-limiting illnesses and their families and according to hospice industry established practice guidelines. Support is intended to help the child and family in the disease process.



Therapeutic Life Limiting Illness Support and Bereavement Counseling CLLI Waiver

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
Individual / Family: \$25.12 Group: \$14.82	Individual / Family: \$25.12 Group: \$14.82



Palliative and Supportive Care - Care Coordination CLLI Waiver

- **Definition:** Specialized medical care for people with life-limiting illnesses. This type of care is focused on providing clients with relief from the symptoms, pain, and stress of serious illness, whatever the diagnosis. For the purpose of this waiver, Palliative Care includes care coordination and pain and symptom management.

Palliative and Supportive Care CLLI Waiver

Current Rate/15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
Care Coordination: \$20.55	Care Coordination: \$20.55



Wraparound and Intensive Support Services

CHRP Waiver

- **Transition Support Service:** Align strategies, interventions, and supports for the child/youth and family when a child/youth transitions to the family home from out of home placement, from a Residential Child Care Facility (RCCF) to a group home, from a RCCF to a foster care home, or from a group home to a foster care home.
- **Intensive Support Service:** Align strategies, interventions, and supports for the child/youth and family to prevent the need for out of home placement. Services may be utilized in maintaining stabilization, preventing crisis situations, and/or de-escalation of crisis situations.



Wraparound and Intensive Support Services CHRP Waiver

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
Plan / Prevent & Monitor: \$27.21 In-Home Support: \$7.53	Plan / Prevent & Monitor: \$27.21 In-Home Support: \$7.53



Peer Mentorship

DD, EBD, CMHS, and SCI Waivers

- **Definition:** Peer Mentorship is provided by a peer who draws from common experience to support a client with acclimating to community living. The peer supports a client with advice, guidance, and encouragement on matters of community living, including through describing real-world experiences, encouraging the client's self-advocacy and independent living goals, and modeling strategies, skills, and problem-solving.

Peer Mentorship DD, EBD, CMHS, and SCI Waivers

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
\$ 5.92	\$ 5.24

Mentorship SLS Waiver

- **Definition:** Service provided to participants to promote self-advocacy through methods such as instructing, providing experiences, modeling and advising. This service includes assistance in interviewing potential providers, understanding complicated health and safety issues, and assistance with participation on private and public boards, advisory groups and commissions. This service may also include training in child and infant care for parent(s) who themselves have a developmental disability.

Mentorship SLS Waiver

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
\$ 10.91	\$10.91

Supported Employment - Job Coaching DD, SLS Waivers

- **Definition:** Supported Employment services consists of intensive, ongoing supports that enable participants, for whom competitive employment at or above the minimum wage is unlikely absent the provision of supports, and who, because of their disabilities, need supports, to perform in a regular work setting.
- **Job Coaching:** Services focus on activities needed to sustain paid work by participants, including supervision and training.



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Job Coaching DD, SLS Waiver

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
\$ 14.20	\$ 14.20

Supported Employment- Job Development DD, SLS Waivers

- **Definition:** Supported Employment services consists of intensive, ongoing supports that enable participants, for whom competitive employment at or above the minimum wage is unlikely absent the provision of supports, and who, because of their disabilities, need supports, to perform in a regular work setting.
- **Job Development:** Job Development services focus on assessment and identification of vocational interests and capabilities in preparation for job development as well as assisting the participant to locate a job or job development on behalf of the participant.

Job Development DD, SLS Waiver

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
\$ 14.20	\$ 14.20

Community Connector CES and CHRP Waivers

- **Definition:** Supports the abilities and skills necessary to enable the individual to access typical activities and functions of community life such as those chosen by the general population. Community Connector provides a wide variety of opportunities to facilitate and build relationships and natural supports in the community while utilizing the community as a learning environment to provide services and supports as identified in the participant's service plan.



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Community Connector CES and CHRP Waivers

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
\$ 9.08	\$ 8.89

Independent Living Skills Training BI Waiver

- **Definition ILST:** Independent Living Skills Training (ILST) is designed and directed at the development and maintenance of the waiver participant's ability to be self-sustaining physically, emotionally, socially and economically in the community.

Independent Living Skills Training BI Waiver

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
\$ 11.91	\$ 10.87

Life Skills Training

EBD, SCI, CMHS, and SLS Waivers

- **Definition:** Life Skills Training (LST) supports the client through skills training designed and directed with the client to develop and maintain their ability to sustain themselves physically, emotionally, socially and economically in the community.

Life Skills Training EBD, SCI, CMHS, and SLS Waivers

Current Rate/ 15 Min. Unit	Proposed Telehealth Rate/ 15 Min. Unit
\$ 11.91	\$ 10.87

Stakeholder Engagement

- HCPF needs the feedback of our community to assist with implementation of Telehealth Options in HCBS

<https://www.colorado.gov/pacific/hcpf/OCL-stakeholder-engagement>

- HCPF is looking for your feedback on the following Telehealth issues:
 - Regulation Development - Document posted for review
 - Any further information related provider costs that can be validated, for rates





Questions?

Contact Info

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**Please send feedback and comments regarding
Telehealth Options in HCBS to:**

HCPF_HCBSWaivers@state.co.us



Thank you!



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